

Teton County's High Risk Phase

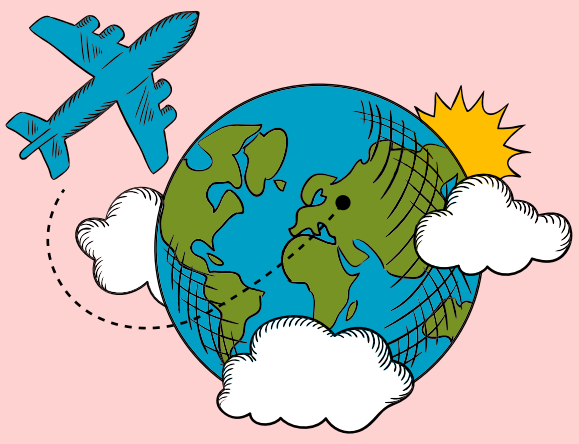
What does RED mean and what can you do?

Teton County Health Department has developed a color-coded public health guidance system to provide actions our community members can take to decrease the spread of COVID-19.

Our metrics have moved into the "Concerning" category. This means we have widespread transmission of COVID-19 in our community and increased stress on our healthcare systems. The Teton County Health Department wants all community members to be aware that this means we are in the High Risk level.

Space out at work.

Encourage telework as much as possible. Within offices and businesses, stagger schedules and sanitize spaces and objects at least daily.

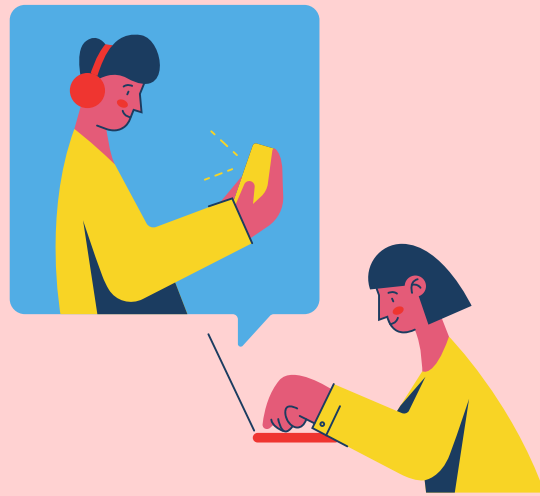


Limit your travel.

Travel for essential purposes only and self-monitor symptoms for 14 days upon return. Areas with a high number of COVID-19 cases should be avoided.

Socialize virtually.

Do not participate in or arrange in-person social activities. Prioritize attending outdoor activities over indoor activities and host social gatherings virtually.



Keep your surfaces clean.

Routinely disinfect high touch surfaces.

Get vaccinated.



COVID-19 vaccines are effective at protecting you from getting COVID-19. Vaccines prevent serious illness and death and reduce the risk of people spreading COVID-19 to others. **Protect yourself, family, friends, and neighbors by getting vaccinated.**

Visit www.tetoncountywy.gov/CovidVax for more information.

Avoid crowded spaces.

Avoid crowded indoor spaces. High risk individuals should avoid indoor activities with others outside of their household.



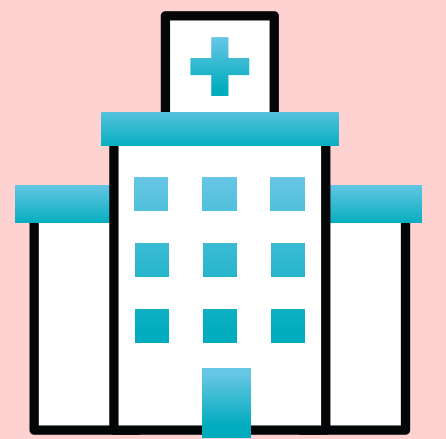
Reduce your trips to get food and limit other errands.

Reduce your trips to the grocery store and limit other errands. Only send one person per household. Contactless, curbside, delivery, takeout, and virtual services are strongly encouraged.



Protect vulnerable populations.

No non-essential visitors to hospitals, nursing homes and other residential care facilities.



Everyday preventative measures that can decrease risk, when combined with other recommendations

Stay home and test.

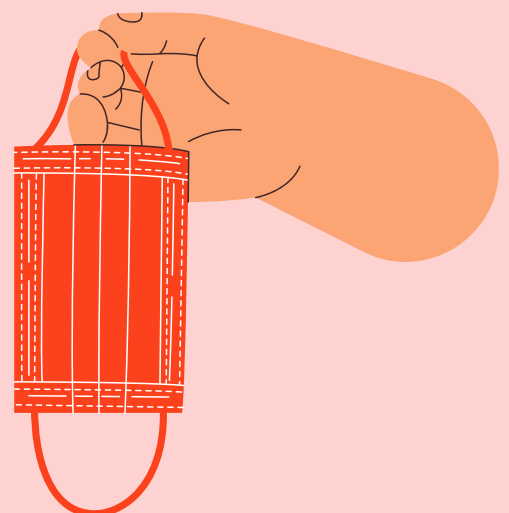
Stay home and test when symptomatic, regardless of vaccination status.



Visit www.curative.com for testing options.

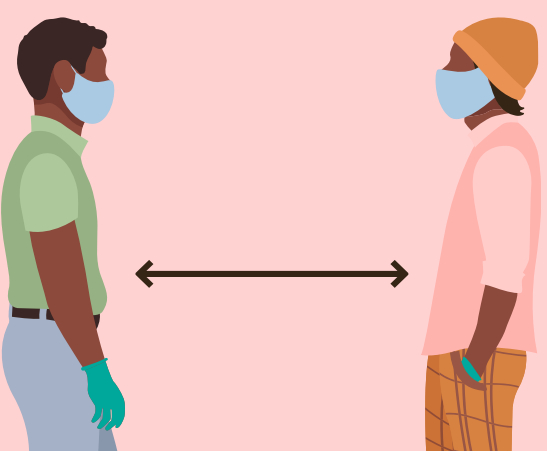
Wear a mask.

Wear a mask in indoor public settings, regardless of vaccination status.



Keep your distance.

Maintain at least a 6-foot distance from others when in public, even when wearing a mask.



Keep your hands and surfaces clean.

Wash your hands with soap and water for at least 20 seconds and use hand sanitizer when soap and water are not available. Routinely disinfect high touch surfaces.

